



## INSTITUTO PORTUGUÊS DE OSTEOPATIA CLÁSSICA

(NIF.: 513 482 121)

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### *SPECIALISATION COURSE IN CLASSICAL OSTEOPATHY*

#### **START OF THE COURSE**

To Schedule

#### **NUMBER OF VACANCIES**

24 students

#### **COORDINATION**

Prof. Dr. Marco Silvestre

#### **PRESENTATION**

The Specialisation Course in Classical Osteopathy is taught in a modular format according to the models lectured in England, Spain and Canada with an **integrated internship for a period of 3 months.**

This course grants to the finalist the necessary skills to a competent professional practice, being able to practice and integrate the labor market as a Classical Osteopath.

The two finalists who obtain the better use, will get a **scholarship of 500€**, to attend the **Course of Dissection of Corpses** in EFAEC in **Paris (France)**, under the agreement between the two institutions. Also all the finalists students will get the opportunity to attend the respective course of **DISSECTION OF CORPSES.**

Note: All classes taught in English have simultaneous translation into Portuguese.

## OBJECTIVES

- Integration of Concepts and Principles of Osteopathy according to their founders; Andrew T. Still & John M. Littlejohn.
- Understanding of the Physiology in the Function versus Structure equation, approaching the biomechanics of the lines and arches according to Littlejohn.
- Achieve the mechanical - physiological reasoning behind the pathology.
- To empower the trainee to evaluate the patient and apply the Body adjustment to a safe level of competence.

## CONSIGNEES

Osteopaths, Physiotherapists, Occupational Therapists and Doctors.

## CERTIFICATION

Students with good use: **Certificate of Competence in Classical Osteopathy** and respective **Diploma in Classical Osteopathy**.

Students with poor performing: **Attendance Certificate in Classical Osteopathy**

## TEACHING MATERIAL

Mandatory: lab coat and suitable footwear

Recommended: bibliography appointed by professors

## EDUCATIONAL MODEL

Presential

## STUDY PROGRAMME

### Module I

Module	Designation	Hours
1 <sup>st</sup> Seminar	Applied Neuro-anatomophysiology	14
2 <sup>nd</sup> Seminar	Osteopathic Principles & Osteopathic Lesion	14
3 <sup>rd</sup> Seminar	Applied Biomechanics & Physiology of Motion	14
4 <sup>th</sup> Seminar	Embryonic Development & Vertebral Arches	14
5 <sup>th</sup> Seminar	Postural Models & Compensatory Patterns	14
6 <sup>th</sup> Seminar	Osteopathic Lesion: Theory and Practice	14

## Module II

Module	Designation	Hours
1 <sup>st</sup> Revision Day	Revision	7
1 <sup>st</sup> Seminar	Circulatory System	14
2 <sup>nd</sup> Seminar	Oscillation Theory & Osteopathic Centres	14
3 <sup>rd</sup> Seminar	Vitality, Bioplasm and Disease	14
2 <sup>nd</sup> Revision Day	Revision	7
4 <sup>th</sup> Seminar	Gastrointestinal Tract: Osteopathic Pathology	14
5 <sup>th</sup> Seminar	Urinary System: Osteopathic Pathology	14
6 <sup>th</sup> Seminar	Cardiorespiratory System: Osteopathic Pathology	14

## Module III

Module	Designation	Hours
3 <sup>rd</sup> Revision Day	Revision	7
1 <sup>st</sup> Seminar	Thorax	14
2 <sup>nd</sup> Seminar	Abdomen	14
3 <sup>rd</sup> Seminar	Extremities	14
4 <sup>th</sup> Seminar	Differential Diagnosis & Complementary Exams	14
Internship	Integrated Clinical Internship	16
5 <sup>th</sup> Seminar	Obstetrics & Pediatrics	14
Internship	Integrated Clinical Internship	16
6 <sup>th</sup> Seminar	Applied Human Nutrition	14
Internship	Integrated Clinical Internship	16
4 <sup>th</sup> Revision Day	Revision	7
7 <sup>th</sup> Seminar	Exams	7

Teaching Hours	328
Tutorials Hours and Exams	24
<b>Total</b>	<b>352</b>

## TEACHING STAFF

Prof. Francisco Toscano

Prof. Soren Sogaard Jorgensen

Prof. Guy Clark

Prof. Jaime Archer

Prof. Hélder Cunha

Prof. Miguel Oliveira

Prof. Miguel Otero

Prof. Marco Silvestre

The professors are named by the IPOC coordinator, respecting the following points:

- a) Theoretical classes take place under the guidance of a professor previously nominated.
- b) Practical classes take place under the guidance of the appointed professor and two assistant professors.
- c) If the professors appointed cannot fulfill their commitment, by majeure force, *the IPOC coordinator is entitled to assign another substitute teacher, rises notice to students.*

Note: All students will have access to five days in advance of the schedule, with the program contents and the assigned professors for the seminar in question.

## ASSESSMENT

The assessment of knowledge within the scope of the curricular modules must be carried out in three components:

- a) Continuous Assessment;
- b) Final work (Case Study **or** Bibliographic Review of a pathology, according to the principles and practice of classical osteopathy);
- c) Final practical exam in real environment.

In the context of continuous evaluation, the following elements, among others, must be considered:

- a) Class attendance - Presence in at least 85% of all classes;
- b) Preparation and presentation of individual or group work on topics suggested or approved by the teaching staff;
- c) Commitment at practical classes;
- d) Oral Interventions;

The defense of the written work and the final practical exam are carried out in the 19th module after the conclusion of the teaching part of the course, predicting a single time for its realization, which comprises two calls that will occur with at least thirty days apart and which can be accessed by any registered student.

The final classification of the course corresponds to the weighted average of the rankings awarded in relation to the continuous assessment, final work and to the final practical exam, with a value of 20%, 35% and 40% respectively.

All ratings are expressed in the scale of 0 to 20 values.

The students with a minimum final mark of 10 values will considered approved.

## **SCHEDULE**

9h30 to 12h30 and 14h00 to 17h30

## **DURATION**

The specialisation course has a total of 380 hours.

## **FEES**

Registration: 70€ (includes insurance, lab coat and teaching materials)

I Module: 225€ per seminar

II Module: 250 € per seminar

III Module: 300 € per seminar

## **METHOD OF PAYMENT**

295 € (70 € registration + 225 € 1º Seminar) at the registration act

Subsequent seminars: up to 5 days before the start of each seminar by bank transfer, by bank check or post office payment.

## **REQUIRED DOCUMENTATION**

Identity Card + Fiscal Card **or** Citizen Card **or** Passport + Fiscal Card

Qualification certificates (Basic course in osteopathy)

Filling in the registration form

1 passport photo in digital format

## **CONTACTS**

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